Reproductive Health Interview

Because so many women are affected by depression, alcohol and substance abuse, and domestic violence, we ask all of our patients about these issues:

Sometimes, when things in life get difficult, it is common for people to feel down, sad, or depressed.

1. Over the last weeks how often have you been bothered by the following problems:

<table>
<thead>
<tr>
<th>Problem</th>
<th>Not at all (0)</th>
<th>Some-times (1)</th>
<th>All the time (2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Had little interest or pleasure in doing things?</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>b. Felt down, sad, depressed or hopeless?</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>c. Felt nervous, on edge, or worrying about a lot of different things?</td>
<td>□</td>
<td>□</td>
<td>□</td>
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</tbody>
</table>

   Total score _______  (≥ 3 continue assessment)

2. Do you smoke, or have you ever smoked cigarettes?  □ Yes (□ Current, □ Past) □ No

3. Many people have found that drug use has caused difficulties in their life. In the past or currently, have you had difficulties in your life due to alcohol or drug use?  □ Yes □ No

4. Do you drink alcohol?

   a. On a typical day when you drink, how many drinks do you have?  ____________
   b. If you are at an event/party, how many drinks do you have?  ____________

   □ ≥ 3/day = at risk  □ > 7/week = at risk  □ 4 drinks/event = binge

5. Do you use any drugs?

   □ Yes  □ No

   a. On a typical day when you use drugs, how much do you use?  ____________
   b. On average, how many days per week do you get high?  ____________

We know that emotional and/or physical violence is common in many relationships, so we ask our patients about this:

6. Have you ever felt afraid or unsafe with a partner?  □ Yes  □ No

7. Has a partner ever tried to control you?  □ Yes  □ No

8. Have you ever had any kind of unwanted or forced sexual contact?  □ Yes  □ No

9. Has a partner pushed, hit, kicked, choked, threatened, hurt, or frightened you?  □ Yes  □ No

   □ Current risk □ Past risk

Adapted from the Preconception Screening and Assessment Project (PSAP), funded by the HRSA Maternal and Child Health Bureau.